

Myrrh-bearers
Tone 2

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*Acts 6:1-7*  
*Mark 15:43-16:8*

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Homily by
Dn. Kevin
Dougherty

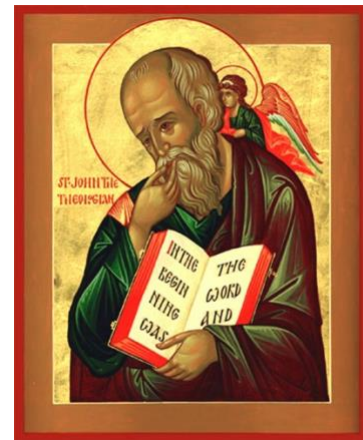
Epistle Reader:
Russell Clodfelter

Coffee Hour Hosts:
Stogsdill / Taylor

St. John Orthodox Cathedral

Weekly Bulletin

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*Sunday, May 19, 2024*  
*And the Days Following*  
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O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Parish Events and News

Tim Mellor Takes Up Job of Parish Administrator This Week

The culmination of long cultivated plans for the health of our parish comes to fruition this week as Tim Mellor takes up the full-time role of Parish Administrator for our Cathedral. While I know he will begin with enthusiasm, he and I also expect it will take him a full year to help develop this new role in a way that best serves our parish. Tim retired last month from his years of service in the DEA and is currently enrolled in the Saint Stephen's course to prepare to be a candidate for deacon. Please welcome and support him in this as he begins this service.

St. John's Youth Corps

Each summer the Cathedral hires several young adults (14+) to do the work needed at the Cathedral, surrounding buildings, and their ~55-acre campus. We call this group our Summer Youth Corps, and their tasks vary widely based on what is needed that year. This might include everything from hauling firewood, finishing decks and siding, cleaning carpets, building fences, maintaining trails and much more! You can be part of a long tradition that takes pride in the upkeep of St. John's campus while making money and gaining work experience. More information and applications are available online at www.stjohnalaska.org/youth-corps Applications are due May 27th.



Maris Kelly Out of the Office

I will be out of the church office from May 20-June 3. I will continue to monitor the church's email stjohnalaska@aol.com and will do the Sunday Bulletins remotely from Vancouver. If you need a reimbursement, place your receipt in the tithe box in the Narthex and Tim Mellor, who starts work here at St. John's the 20th as our new Parish Administrator, will write you a check. —Maris Kelly





Coffee Hour This Sunday - May 19 Group C - Third Sunday of the Month

Hosts Families: Stogsdill / Taylor

Snacks: Amundson, Arnold, Clement, Curry, Dunham, Fisher, Greene, Hanna, Hawi, Hunter, E & H Johnson, Kelly, Kendall, Labrecque, Medders Families, Okuley, Polson, Saur, Scherer, Sparks, Stiehr, Taylor, Temple, Wasile



Next Sunday - Group D - May 26 Hosts: Terrell / Fletes

Snacks: Alexander, Arvidson, Clodfelter, Dougherty, Dunaway, Dyal, Fletes, Haines, Hightower, B & M Johnson, Jones, Kies, Lamb, Mee, Moses, Palmer, Parker, Ray, Snider, Stogsdill, I. Temple, Terrell, Van Dyke, Webster

Women's Retreat

"On Motherhood: Joy, Hope, Suffering, Resiliency & Forgiveness"

Hello all coming to the retreat, please look at the schedule.

All meals, drinks, and snacks will be provided but we ask if you are present for dinner Friday night to bring a dessert to share :)

To pay the \$20 for the retreat, please do so by either going on the website and clicking donate to SMMS, or clearly labeled in the church tithe box.

We are really excited to spend the weekend together and are so thankful to those willing to share and present. Please stick around for clean up on Saturday night, see you all soon!

-Sydney Ihde (907) 854-5517



On Motherhood:

Joy, Hope, Suffering, Resiliency & Forgiveness

Schedule

Friday

4:00-4:30: Check-in/Mingle
4:30-6:00: Working Dinner featuring Session 1
6:00-6:30: Break
6:30-7:15: Group Activity
7:30: Evening Prayers

Saturday

7:00 Optional Morning Group Hike
8:00-8:45 Breakfast
8:45-10:00: Session 2
10:00-10:45: Group Activity
10:45-11:30: Break
11:30-1:00: Working Lunch featuring Session 3
1:00-1:30: Break
1:30-3:00: Session 4
3:00-4:00: Group Activity
4:00-5:00: Mingle & Clean

Sessions

Session 1

"Remembering our Spiritual Mother"
by Joann Webster

Session 2

"More Spacious Than The Heavens:
Toward an Inclusive View of Motherhood"
by Allison Justus

Session 3

"Sacred Mystery: Perspectives on
Motherhood"
by Katy Ardivinson, Kristine Lindblom,
Brittany Sturdevant & Amy Jenkins

Session 4

"The Resiliency of Mothers"
by Macrina Dunaway-Ray & Beth Dunaway



Volunteer Drivers for Oksana to Church Needed

We need drivers for Oksana to attend church with us each Sunday and hope you could help. Please email Dn. Kevin at doughertykb@yahoo.com or text me at 907-947-5345 for any Sunday that you could volunteer. Fortunately, volunteers have signed up to cover some days. Please see the list of needed rides below: I'll give directions to new drivers. — Dn. Kevin

May 26 – Need Driver	June 16 – Need Driver
June 2 – Need Driver	June 23 – Need Driver
June 9 – (covered)	June 30 – Need Driver



Save the Date: August 1-5, 2024



Divine Guidance in America

V. Rev. Dr. John Jillions



Living in the Spirit: Orthodox Spirituality for Modern Times

Dr. Paul Ladouceur

The Eagle River Institute is hosted annually by the members of Saint John Cathedral to provide a forum for Orthodox scholars to address lay people on topics relevant to everyday, Christian life. The Institute also contributes to the greater, educational needs of the Church by publishing its lectures and other materials in its [Media Library](#). Visit eagleriverinstitute.org for more details, registration, and schedule.

News From Our Antiochian Archdiocese



Writings by Metropolitan Saba: [“What is the Goal”](#)

Dates to Remember

Birthdays This Week

May 19 - Kali Macalino

May 19 - Olivia Fletes

May 19 - Martha Fisher

May 21 - Ruth Templeton

M A N Y Y E A R S !



Anniversaries This Week



Dolph & Sydney Ihde - May 21, 2017

James & Mary Curry - May 22, 2005

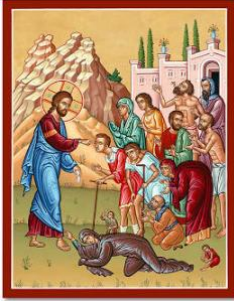
Katya & Michael Mee - May 22, 2022

Remembering Those Who Have Fallen Asleep This Month



- * Infant Lazarus Frizelle - May 1, 2018
- * Abner Picon - May 1, 2016
- * Presbyter Garland Peters - May 6, 1979
- * Eloise Mae Lamb - May 10, 2024
- * Infant Benjamin Ray - May 12, 2022

M E M O R Y E T E R N A L !



Remembering in Prayer...

*Janet Hawi
Judí Hoyt
Laurie Snider*

*Elisa Betson
Tisha Dunham
Gordon Hoyt*

Fr. James Bernstein

*We will continue to pray for all those suffering in Ukraine
and for all those suffering in Israel and Gaza, for a quick end to
war and for peace*

Clare House Meal - 4th Saturday of Each Month

For the Month of **MAY** – our scheduled meal that we provide Clare House is:
Saturday, May 25. Contact Cara Fletes to see how you can help.



Monday 'Moms with Kids' Reading Group

Please join us for reading group on Mondays at 10 AM. We meet at Saint James House in the living room area.



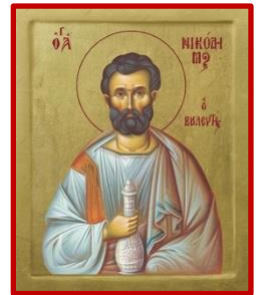
Photos from Eloise Lamb's Funeral



THE SYNAXARION

Myrrhbearers

On May 19, in the Holy Orthodox Church, we commemorate the Hieromartyr Patrick, bishop of Prussa and the priest-martyrs Acacius, Menander and Polyaeus with him; Venerable Cornelios of Komelsk; and Grand Prince Dimitry Donskoy of Moscow.



On this day, the second Sunday after Pascha, we celebrate the feast of the holy Myrrh-bearing women. We also make commemoration of Joseph of

Arimathea, who was a secret disciple of Christ, and of Nicodemus, who was a disciple by night.



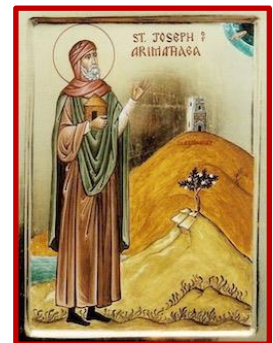
Verses

*The women disciples bring myrrh unto Christ.
And we bring a hymn unto them as if it were myrrh.*

The women went to Christ's tomb on Holy Pascha to anoint His body, only to discover it empty. We know the names of only eight of these women: Mary the Theotokos, the "mother" of James and Joses, who were actually the sons of Joseph the Betrothed from his previous marriage; Mary Magdalene; Mary, the wife of Cleopas; Joanna the wife of Chuza; Salome the mother of the sons of Zebedee; Susanna; and Mary and Martha, the sisters of Lazarus.

Joseph of Arimathea was a rich and noble man, and a member of the Privy Council of Jerusalem. He dared to ask Pilate for the undefiled body of our Savior, which he took and buried in his own new tomb. Accompanying Joseph to the sepulcher was Nicodemus, a Jerusalemite who was one of the leaders of the Pharisees. Nicodemus brought 100 pounds of myrrh and aloes to scent and embalm the body of Christ.

By the intercessions of Your saints, O God, have mercy on us and save us.



Bulletin Announcement Guidelines

Send announcements to church email address: stjohnalaska@aol.com. Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

Saint John Orthodox Cathedral

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Antiochian Orthodox Christian Archdiocese
Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson